

Post Treatment Care  
Dermal Fillers

1. As discussed in your visit, temporary lumpiness, swelling, bruising, redness or tenderness may occur after injection. This is NORMAL. Light icing/cold packs will help to resolve it. (Apply gently-do not apply with pressure as this can move the product). Tylenol can also be taken.

For bruising, avoid aspirin or anti-inflammatory drugs (such as Ibuprofen or Naproxen), apply ice as well as using Arnica (cream and/or by mouth). We sell Arnica for your convenience, but you can also purchase it at any pharmacy or natural food store.

2. Avoid direct sunlight/heat and alcohol consumption for 24 hours.

3. Avoid laser to the face for two weeks.

4. Avoid pressure to the area(s) injected for the first two weeks, as this could move product (ie-facial massage, harsh washing/scrubbing, leaning on area, facials or placing your face in a massage table face ring).

5. After one week, if you notice unevenness, lumps, etc, call to return to the office so that we can smooth it for you. After two weeks, the product is fixed and cannot be manipulated.

6. If you have significant concerns not addressed above or during your consult, contact us at 781-762-2800. If we are closed, you can contact Allergan directly at 1-800-766-0171, or call your PCP.

Enjoy the new you!