

Post Treatment Care
Laser Hair Removal

1. A minimum SPF 30 sunscreen (UVA/UVB) should be used for any sun exposure during your treatment. Tanning beds and self tanner should be avoided during treatments.
2. Avoid any strenuous workout, hot tubs, and spas for 24 hours after treatment.
3. If a blister develops, do not not unroof it. If the skin breaks, keep clean and apply Aquaphor as needed and contact us. Avoid direct sunlight while experiencing these symptoms. Delayed blistering secondary to sun exposure has been noted up to 72 hours post treatment.
4. Cold packs, aloe, or cortisone cream may be used to ease any temporary discomfort.
5. Makeup can be applied as long as the skin is not broken.
6. If you experience and irritated raised rash after treatment, Benadryl should help relieve the itchiness. Also, avoid direct sunlight while experiencing these symptoms.
7. Hair may take up to 4 weeks, or in some cases, as little as a few days, to fall out following treatment.
8. Follow-up subsequent treatments are based on the technician's recommendation, usually about 4-8 weeks following treatment.
9. **Please remember to completely shave or use Nair on the area being treated 1-2 days prior to your visit.**

If you have any questions or concerns, please call our office at 781-762-2800