

POST-TREATMENT CARE
PIGMENTED LESIONS

1. Ice, chilled cold packs or wet wash cloth put in freezer for 2-3 minutes may be applied post-treatment as needed for patient comfort.
2. Treated lentigines usually darken after treatment, and crusting begins to form within a few days. This crusting usually resolves in 1 to 3 weeks. It should be allowed to naturally flake off for best results. Do not pick as that can cause scarring.
3. Moisturizer should be used after treatments. If significant crusting occurs beyond the normal flaking of the treated lesions, Aquaphor can be applied.
4. Localized erythema may also be present and typically resolve 24 to 48 hours
5. Avoid hot tubs or spas for at least 24 to 48 hours after treatment.
6. Make-up may be applied as long as the skin is not broken.
8. If the skin is broken or a blister appears, clean well and apply Aquaphor and contact us. Also, for further protection, keep the affected area covered and moist with Aquaphor and avoid direct sunlight while experiencing these symptoms.
9. The recommended time interval between treatments is 3 weeks or longer, once the crusting has cleared.
10. Avoid artificial tanning, or sun exposure without sun protection of a 30 SPF following treatment.

Call our office at 781-762-2800 if you have any questions or concerns.

If you have any questions or concerns, please call our office (781-762-2800)